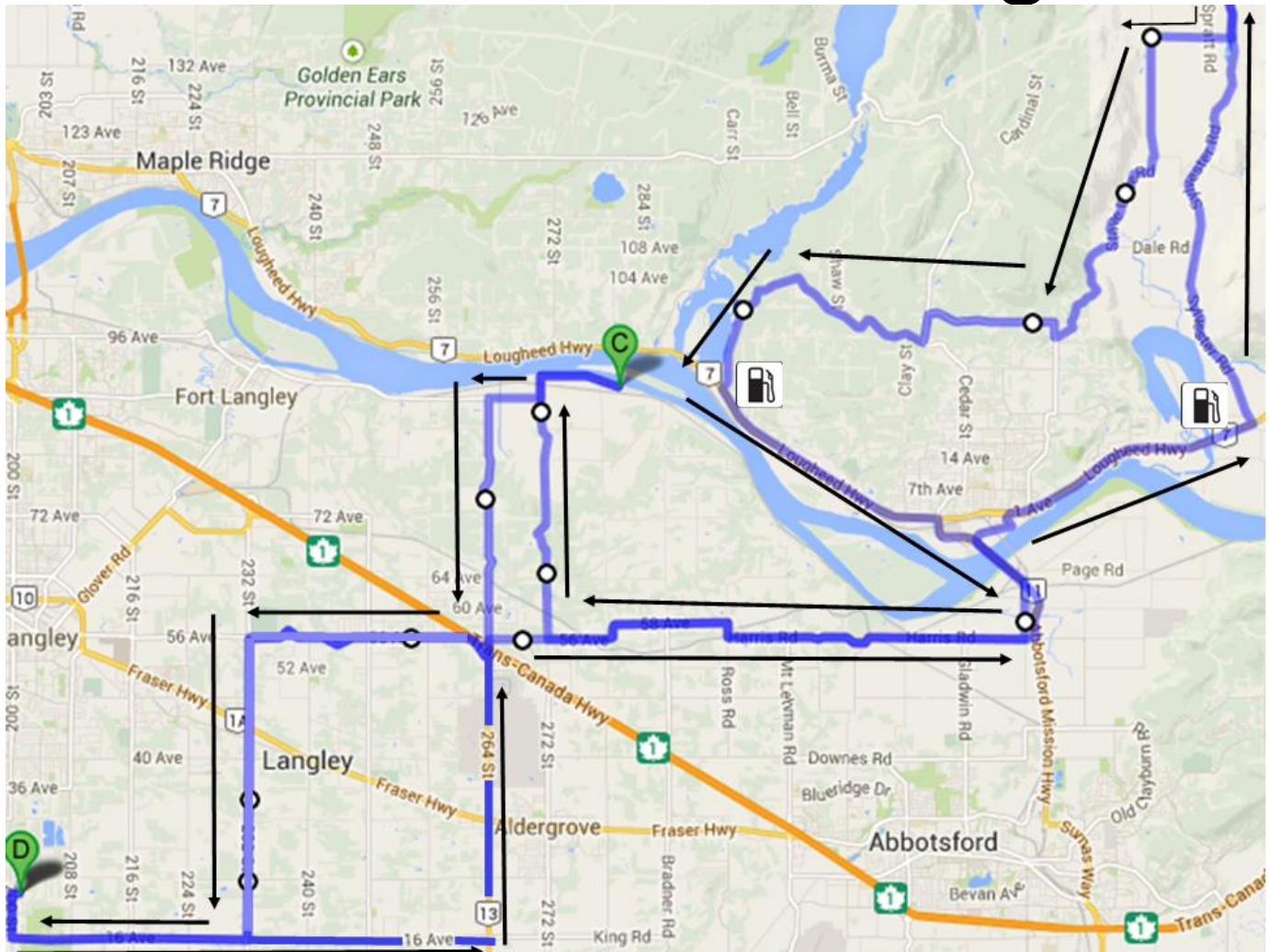




2025 Ride For Doug



To First Rest Stop

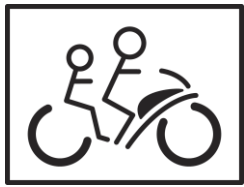
1. LEFT on 200th Street
2. LEFT on 16th Ave
3. LEFT on 264th Street
4. RIGHT on 56th Ave
5. CONTINUE to Ross Road
6. RIGHT on Ross Road
7. LEFT on Harris Road
8. LEFT on Riverside Street
9. MISSION BRIDGE
10. HWY 7 to AGASSIZ
11. LEFT on Sylvester Road
12. <gas available>
13. RIGHT into Cascade Falls Rest stop

To Second Rest Stop

1. LEFT on Sylvester Rd
2. RIGHT on Hartley Rd
3. LEFT on Stave Lake Rd
4. RIGHT on Stave Lake Rd @ Durieu
5. Becomes Farms Rd
6. RIGHT on Stave Lake Rd
7. RIGHT on Doyle
8. LEFT on Richards
9. LEFT on Dewdney Trunk
10. RIGHT on Keystone
11. LEFT on Hayward
12. LEFT on HWY 7 <gas avail>
13. BRIDGE to ABBOTSFORD
14. RIGHT on Harris Road
15. RIGHT on Ross Road
16. LEFT on 58th Ave
17. RIGHT on 272nd
18. RIGHT on River Road

Return Leg

1. RIGHT on River Road
2. LEFT on 272nd
3. RIGHT on 88th Ave
4. LEFT on 264th St.
5. RIGHT on 56th Ave
6. LEFT on 232nd St.
7. RIGHT on 16th Ave
8. RIGHT on 200th Street
9. RIGHT on 22nd Ave



2025 Ride For Doug



Last year at this time, I was looking at the weather forecast and seeing a 50/50 chance of a cold ride. Today, I see the same thing. Last year it rained. This year it won't!

This year we celebrate another year where Doug's friends and family come together to tell him that he is not in this alone – and that when he needs a helping hand – there is an army in the community ready to show up. Adding the Show and Shine to the afternoon will become increasingly important as we don't know how many more riding years Doug has in him. He is a 22 year old young man with Duchenne Muscular Dystrophy. It's not easy to get on a bike anymore. RFD is a marathon of endurance.

In order to promote synergy between both types of motorsports we made some adjustments this year. We moved the BBQ back outside so that we can enjoy the food while checking out the cars. We moved the Show and Shine back an hour so that it overlaps more with the Celebration BBQ. We will have a shorter program, so stick around and see what is happening with your RFD family. Hot dogs and hotrods.

Make sure you stick around for the BBQ. The food is hot (and included in your registration). Check out the cars in the lot. There are some unique wheels showing up.

There are 100 different charity rides for a 100 different causes every weekend. Thank you for choosing this one. It makes a big difference knowing that our community has our back.

Thank you for your support!

- **Doug's Family (Cam, Allison, Sam, and Doug)**

Doug has Duchenne Muscular Dystrophy. Muscular Dystrophy is a neuromuscular disorder that causes muscles in the body to gradually decline and weaken – turning functioning muscle into what is essentially scar tissue. Over time, people with muscular dystrophy may lose the ability to walk, speak and ultimately breathe. Unless a cure is discovered, the disorder is fatal. There is presently no known cure. Effective treatments are still in the experimental stage.

Ride For Doug would not be possible without the help of many of these friends and sponsors. **Thank You** to those corporate friends who have come alongside Doug, and have contributed their help in a wide range of ways. They are friends of Doug - drop by, call them, or buy something from them to say thanks.

Our Sponsors:

South Langley Church
Lone Wolf Motorcycle Towing



For more information about Muscular Dystrophy visit Muscular Dystrophy Canada at www.muscle.ca or www.RideForDoug.com